

# massage & bodywork

september/october 2008



touch and such

Continued  
Growth  
THROUGH EDUCATION

E-LEARNING'S  
POTENTIAL

Surviving These  
Economic Times

TOUCH FOR  
HOMELESS CLIENTS

SourcePoint Therapy's  
Energetic Blueprint



## New Moms Need a Break

Want to reach out to new moms in your practice? Take a page from the book of The Medical Spa at Nova in Ashburn, Virginia, where Fourth Trimester Massage is the newest addition to their list of spa services.

This head-to-toe treatment includes massages designed to tone overstretched areas of the skin, retrain muscles and connective tissue, eliminate excess body fluids, and treat a host of other post-pregnancy issues. Targeted massage to address hip rotation, range of motion exercises to strengthen tired shoulders, and a relaxing eye compress of aloe vera, chamomile, ginkgo biloba, and Japanese green tea extract to soothe tired eyes are just some of the treatment options.

